

No Smoking Policy

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No Smoking Policy

1. Policy Statement

- 1.1 This Policy has been developed to comply with The Smoke Free (Premises and Enforcement) Regulations under Part 1 of the Health Act 2006.
- 1.2 As medical evidence continues to reinforce the link between the inhalation of tobacco smoke either directly or by passive smoking, and serious illness it is the intention of Teesside University that our buildings and all other areas under our control, including grounds and vehicles are smoke free.

2. Scope

- 2.1 The No Smoking Policy applies to all University staff and students, as well as to visitors, contractors, and sub-contractors whilst on University premises.

3. Aims

- 3.1 The Policy seeks to:
 - Provide a healthy working environment and protect the current and future health of employees, students and visitors to the University.
 - Acknowledge the right of non-smokers to breathe in air free from tobacco smoke.
 - Ensure compliance with health and safety legislation and employment law.
 - Raise awareness of the dangers associated with exposure to tobacco smoke.
 - Provide smoking cessation information and support to those who wish to stop smoking.

4. Definitions

- 4.1 For the purpose of this Policy smoking and vaping are defined as follows:

Smoking

- The inhalation of the smoke of burning tobacco or any other substance encased in cigarettes, pipes, and cigars.
- Emitting any smoke as a result of inhalation. This includes the use of hookahs and shisha products.

Vaping

- Emitting any vapour as a result of inhalation. This includes the use of electronic cigarettes and other such devices, even if used for smoking cessation purposes.

5. Basic Prohibitions

Smoking is prohibited in the following locations:

- All University buildings, including student residential accommodation.
- The Darlington Campus.
- All areas of the Middlesbrough Campus owned or managed by the University
- Vehicles owned or hired by the University.

The preparation of smoking material in public areas within buildings is also prohibited.

Vaping is prohibited in the following locations:

- All University buildings, including student residential accommodation.
- The vicinity of entrances, exits and ground floor windows of all University buildings.
- Vehicles owned or hired by the University.

The use of charging equipment for Vaping devices is prohibited in all University buildings.

6. Implementation

- 6.1 The application of this Policy will be in accordance with the associated "Implementation Statement".

7. Monitoring and Enforcement

- 7.1 As this Policy forms part of the University Health and Safety Policy, it is the responsibility of the Deans/Directors to draw the attention of their staff/students to the “No Smoking” Policy.
- 7.2 Breaches of the “Basic Prohibitions” will be addressed in accordance with the University’s Disciplinary Procedures.

8. Review

- 8.1 This Policy and the associated Implementation Statement will be reviewed at regular intervals to assess their effectiveness.

No Smoking Implementation Statement: 2020 - 2022

1. Information

- 1.1 To support the prohibition of smoking on Teesside University property and managed land, as identified by the No Smoking campus map (Appendix 1), suitable signage, as appropriate for the area will be developed.
- 1.2 To monitor the effectiveness of the policy and strive for continual improvement there will be regular meetings of the University's No Smoking Sub-group.
- 1.3 Statutory signage will be posted at entrances and exits to buildings, in accordance with legislation and the University's 'No Smoking Policy' which states:

'It is against the law to smoke in these premises'.
- 1.4 University No Smoking Signage will be erected at the campus main entrance and strategic locations on the boundary of the campus as identified by the No Smoking campus map.
- 1.5 Information on the Policy will be disseminated to all employees, students and contractors.
- 1.6 A 'No Smoking' statement will be included in the staff/student handbooks and the Policy will be explained during Staff and Student Health and Safety Inductions. Staff and students will be reminded annually of their role in implementing the requirements of the Policy.
- 1.7 Areas that do not come under the University's jurisdiction will be identified on the No Smoking campus map.

2. Advice and Support

- 2.1 Advice and assistance will be made available for staff and students who wish to stop smoking.
- 2.2 Details of Stop Smoking services are attached as Appendix 2.

3. Exclusions

- 3.1 In accordance with the wishes of the Students' Union, in support of the prohibition of smoking at the entrance to the Students' Union Building, during 2020/2022 smoking will not be prohibited on the external Terrace in that building.

4. Monitoring and Enforcement

- 4.1 In line with the approach identified above, the priority for 2020/2022 will be to ensure that staff and students do not smoke on the Middlesbrough Campus.

- 4.2 It is the responsibility of Deans/Directors to draw the attention of their staff/students to the No Smoking Policy. Persistent offenders will be reported to the relevant Dean/Director, who will, if necessary, apply the Staff/Student Disciplinary Policy. With their agreement members of staff will be provided with smoking cessation support through the University's Occupational Health service where appropriate.
- 4.3 In addition, in line with other components of the University's health and safety policies, **all staff** are asked to assist the University in the implementation of this Policy by politely reminding colleagues and students of the Policy if they notice them smoking or vaping in a prohibited area. Security Officers will, while performing their current security tours of the campus, assist with the implementation of the Policy and Implementation Statement by advising smokers who are smoking within University grounds to move out of those areas.
- 4.4 If any member of staff, who is trying to politely remind a colleague of the basic prohibitions is then the subject of aggressive or inappropriate behaviour, they should call University Security to assist them immediately in dealing with such behaviour. Any individual exhibiting such behaviour may be subject to disciplinary procedures.

5. Review

- 5.1 A review of the areas where smoking and vaping are prohibited will be undertaken every two years.

tees.ac.uk



Our Middlesbrough campus is a smoke free zone

Stop smoking services

- Talk to your GP
- Pharmacies offer a stop smoking service
- Attend a community drop-in

Stop smoking service helpline

T: 01642 383819

southtees.nhs.uk
Search stop smoking programmes

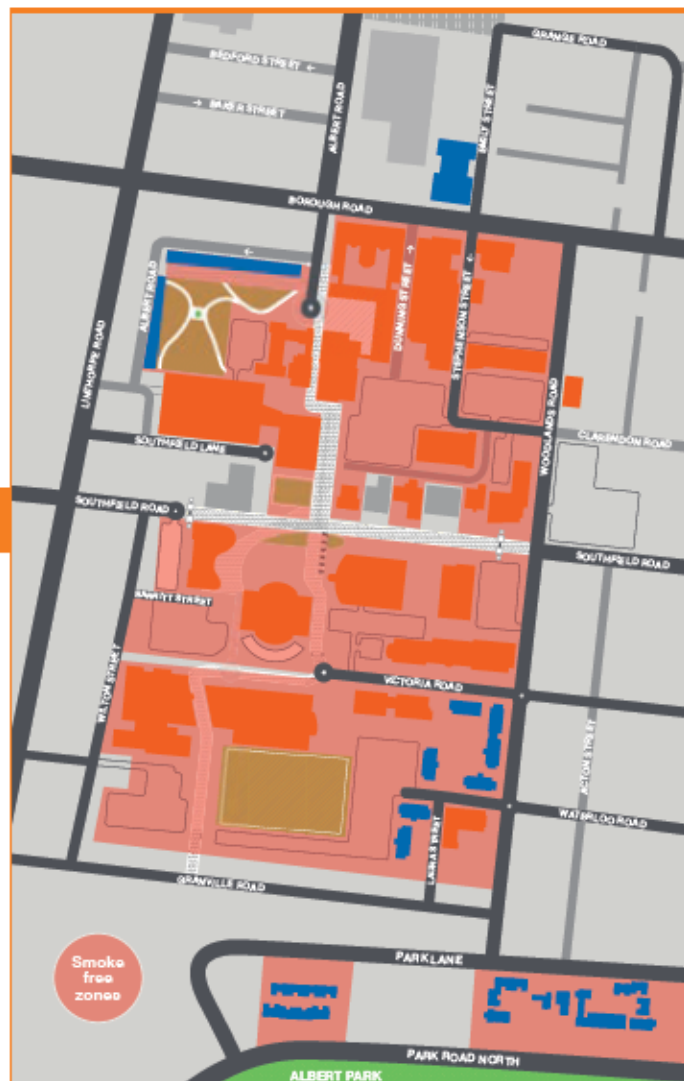
NHS free stop smoking helpline

T: 0300 123 1044

smokefree.nhs.uk

Areas not in the smoke free zone include

Barritt Street
Clarendon Road
Laura Street
Southfield Lane
Southfield Road
Stephenson Street
Victoria Road
Woodlands Road



Stop Smoking Services

If you wish to stop smoking there are a number of services available:

- You can go to your GP and talk to them about stopping smoking
- You can go along to a Pharmacy which offers a stop smoking service
- You could attend a community drop-in
- You could call a help-line
- You can contact the University's Occupational Health Adviser who will be able to offer advice to staff on smoking cessation support services available locally

Below are a number of internet links and contact numbers:

Stop Smoking support is available from local clinics and many pharmacies and GP practices – to find your nearest local service contact the service helpline 01642 727590.

<https://www.southtees.nhs.uk/services/health-wellbeing/stop-smoking/community-drop-in-clinics/>

This link takes you to Local Information on Stop Smoking Programmes in Middlesbrough, Redcar and Cleveland, including community drop-ins which offer a stop smoking service.

NHS Choices website

This link is for NHS choices website where you can search for all local stop smoking services. <http://www.nhs.uk/Livewell/smoking/Pages/Gethelp.aspx>

- Go to the NHS Choices website
- Go to Services near you
- Go to stop smoking services in the drop down menu
- Type in your postcode
- A list of local services will come up

The NHS Free Stop Smoking Helpline - 0300 123 1044 and the website is <http://smokefree.nhs.uk>. It also has a search facility to find local stop smoking services.

Lines open:

Mon-Fri 9am-8pm

Sat and Sun 11am-4pm

Teesside University Occupational Health Adviser

Telephone: 01642 342208

E-mail: OccupationalHealth@tees.ac.uk